



Sedigheh Pakseresht, PhD

Professor at Department of Obstetric

Community Health, Women Health Promotion (PhD), Obstetrics (MSc)

Reproductive Health Research Center Member & Social Determinants of Health Research Center (SDHRC)

Board Committee of Obstetrics

Editor in Chief of Holistic Nursing and Midwifery

Guilan University of Medical Sciences, Rasht, Iran

Phone: +98-9113315015

Email: paksersht@yahoo.com

H Index=8

Degrees:

- Master of Obstetrics (MBC)
- Community Health/ Women Health Promotion (PhD)
- Master in Teaching English (MA)

Work experience: 31 years

Work Experience

Current position: 1990-Present. Associate professor of Obstetrics Department Guilan University of Medical Sciences, Iran. It gave me the opportunity of providing quality of care to the patients and their families (prenatal care, labor and delivery in outpatient and inpatient level, health center, prenatal care and experience in contemporary midwifery practice, Research leadership experience in midwifery and nursing, Coordinate research projects and publish in journals, teaching and supervision with extensive experience at undergraduate, postgraduate (coursework

and research) levels and teaching of innovative subjects and courses in midwifery for students and staff.

Director: Obstetrics Department, 1995-1998 (Head of Department)

Teaching Experience

- **Undergraduate level.** Bachelors in Midwifery, Nursing, Medicine Emergency, Health Education.

Teaching normal and abnormal pregnancy, normal vaginal delivery, episiotomy, prenatal care, and semi logy, mother and child health, reproductive health, breast cancer, menopause, old age health, postpartum infection, postpartum hemorrhage, dystocia during delivery, IUFD, women health, sexual and marriage counseling

- **Postgraduate level.** Master in Midwifery, and Nursing

- New methods in obstetrics, women health promotion, post partum infection and hemorrhage, counseling for women health and sexology during reproductive ages (young, marriage, during pregnancy, after delivery, and menopauses), teaching sexual counseling

-Research methodology, writing research protocol and critic a research paper, data collection, validity reliability, sampling methods, etc

Research Experience

- Editor- in -chief of Holistic Nursing and Midwifery Journal (<http://hnmj.gums.ac.ir/>)
- Supervisor and Co-supervisor in research projects on breast cancer, health, mother and child, breast feeding, menopauses, osteoporosis, quality of life, life style, health..... ,Guilan University of Medical Sciences, Iran, 1997 -2018
- Referee of projects for women health, prenatal care, health education, breast cancer, life style, and women's counseling needs, cervical cancer, and reproductive health. Guilan University of Medical Sciences, Iran, 1996 -2018

- Reviewer in Guilan Medical Journal, Iran and Research in Medical Education of Guilan Medical Journal, etc
- The board as a organizing committee member **Nursing and Healthcare sciences 2018** , held in Osaka, Japan from September 28-30,2018

Publication

A. articles

1. Pakseresht S, Ramaji T, Joukar F, Reza Soltani P, Atrkar Roshan Z, Mansour-Ghanaei F. Determination of vitamin D serum levels in women receiving vitamin supplementation: The PERSIAN Guilan Cohort Study. *Caspian Journal of Health Research* 2024; 9 (1)
URL: <http://cjhr.gums.ac.ir/article-1-338-en.html>
2. Jahanbakhshi A, Niknami M, **Pakseresht S**, Atrkar Roushan Z, Shirzad Chenari S. Childbearing Tendency and Related Factors Among Married Women in Rasht City, North of Iran. *J Holist Nurs Midwifery*. 2023; 33(3):230-237. <https://doi.org/10.32598/jhnm.33.3.2496>
3. **Pakseresht S**, Rounaghi M, Monfared A, Asiri . S, Atrkarroshan Z, Rahmatpour P. The Factors. Affecting the Tendency towards Addiction with an Emphasis on Aggression among Paramedical Students in Iran. *Ind J Youth Adol Health*. 2021; 8(3):5-11.
4. Omidi Kh, **Pakseresht S**, Niknami M, Kazemnezhad-Leili E, Salimi Kivi M. Violence and Its Related Factors in Infertile Women Attending Infertility Centers: A Cross-Sectional Study. *Journal of Midwifery and Reproductive Health*. 2021; 9(4): 2988-2998.
DOI:10.22038/jmrh.2021.58462.1708
5. **Sedigheh PAKSERESHT**, Sara Tavakolinia , Ehsan Kazemnejad LEILic. Determination of the Association between Perceived Stigma and Delay in Help-Seeking Behavior of Women with Breast Cancer. *MAEDICA – a Journal of Clinical Medicine*. 2021; 16(3): 463-472 DOI10.26574/maedica.2021.16.3.463.
6. Khoshravesh M, Pourmohsen M, Khoshravesh V, **Paksresht S**, Kamranpour B. Evaluating General Health and Related Factors Among Employed Women in Healthcare Staff: A Cross-sectional Study. *Journal of Research & Health*. 2021; 11(6):375-382.
<http://dx.doi.org/10.32598/JRH.11.6.1874.1>
7. Mossayebnezhad R, Niknami M, **Pakseresht S**, Kazemnezhad Leili E. Estimation of Fetal Weight by Clinical Methods and Ultrasonography and Comparing With Actual Birth

Weight. Journal of Holistic Nursing And Midwifery. 2021; 31(4):219-226. <http://dx.doi.org/10.32598/jhnm.31.4.2055>.

8. Hajipoor S, **Pakseresht S**, Niknami M, Atrkar Roshan Z, Nikandish S. The Relationship between Social Support and Postpartum Depression. Journal of Holistic Nursing And Midwifery. 2021; 31(2):93-103. <https://doi.org/10.32598/jhnm.31.2.1099>
9. Elham Eslami,, **Sedigheh Pakseresht** , Maryam Niknami , Zahra Atrkar Roshan. Comparison of Breastfeeding Self-efficacy in Mothers with Different Ages. Holist Nurs Midwifery 2020, 30(4): 208-216. DOI: 10.32598/jhnm.30.4.1096
10. **Sedigheh Pakseresht**, Alaleh khalili sherehjini, Sedigheh Rezaei, Ehsan Kazem Nezhad Leilie . Self-medication and its related Factors in Pregnant Women: A Cross-sectional Study. The Journal of Midwifery & Reproductive health (JMRH) , 2020; 8 (3): 2359-2367 DOI:10.22038/jmrh.2020.44982.1542
11. M Pourmohsen, V Khoshravesh, M Masjouidi, **S Pakseresht**, S Khayat Investigating the Relationship between Social and Economic Inequality and the Health Status of Employed Women. j.health 2020, 11(1): 100-108. DOI: 10.29252/j.health.11.1.100
12. **Sedigheh Pakseresht**, Arezoo Monfared, Azadeh Zebhi, Marjan Mahdavi-Roshan. Dietary diversity and supplement use among nursing students. Pol Ann Med. 2020; 27(1):7–12. <https://doi.org/10.29089/2019.19.00073>
13. **Sedigheh Pakseresht**, Tahereh Mahboobi Nejad, Zahra Bostani Khalesi, Zahra Atrkar Roshan, Robabeh Soleimani. Predictors of happiness among pregnant women: a regression analysis. Electronic Physician .2019;11(4):7629-7635. DOI: 10.19082/7629
14. Leila Moghtader, **Sedigheh Pakseresht**. Comparison of the Effectiveness of Cognitive-Behavioral Group Therapy with Cognitive Hypnosis on Reducing Depression in Students with Premenstrual Syndrome. Journal of Clinical Nursing and Midwifery. 2019; 4 (3): 327-336
15. Merrikh Rounaghi, **Sedigheh Pakseresht**, Shahla Asiry, Zahra Atrkar Roushan. Relationship between Aggression and Addiction Tendency among University Students. Holist Nurs Midwifery 2018, 28(3): 185-191 .DOI: 10.29252/hnmj.28.3.185
16. RaziyeH mossayebnezdad , Maryam niknami , dr. **Sedigheh pakseresh**. Estimation of fetal weight by clinical examination and ultrasound methods in predicting actual birth weight: a narrative study, Indian obstetrics & gynecology. 2019; 9(1). 13-18

17. Zebhi A, **Pakseresht S**, Mokhtari N, Mahdevi-Roshan M, Kazemnezhad Leyli E, Monfared A. Osteoporosis Preventive Lifestyle and Vitamin D Status Among Nursing Students of Guilan University of Medical Sciences. *J Holist Nurs Midwifery*. 2019; 29(2):113-121 <https://doi.org/10.32598/JHNM.29.2.113>
18. Asgharnia M. MD , **Pakseresht S. PhD** , Rojaee F. MD, Blood Products Consumption in Women who Admitted at the Obstetrics and Gynecologic Teaching Hospital of Rasht, 2011-2014, *Iranian Journal of Surgery*.2018; 26 (1), 55-62
19. Afsaneh Pasha , **Sedigheh Pakseresht** , Komeil Rezaie , Sedigheh Rezaie, Ehsan KazemNejad . Comparison of Health Promoting Lifestyle in Guilan Medical and Non-Medical Sciences Students. *Journal of Research Development in Nursing & Midwifery*. 2018; 15(1),45-54
20. **Sedigheh Pakseresht**¹, Pegah Rasekh , Marzieh Rahebi , Ehsan Kazemnejad Leili. Physical Health and Maternal-Fetal Attachment among Women: Planned vs. Unplanned Pregnancy. *International Journal of Women's Health and Reproduction Sciences*,2018,6(4)
21. Merrikh Rounaghi ,Sedigheh Pakseresht ,Shahla Asiry ,Zahra Atrkar Roushan. Relationship Between Aggression and Addiction Tendency Among University Students. *J Holist Nurs Midwifery*. 2018; 28 (3): 185-192
22. Forough Samipoor, **Sedigheh Pakseresht**, Parvaneh Rezasoltani & Ehsan Kazemnejad Leili. A wareness and experience of andropause symptoms in men referring to health centers: a cross-sectional study in Iran. *Aging Male*. 2017 Sep;20(3):153-160. doi: 10.1080/13685538.2017.1298586
23. Neda Barzegar , Maryam Niknami , Leila Mirhadian , Ehsan Kazem Nejad Leili , **Sedigheh Pakseresht**, M.Meghachandra Singh. Lifestyle and Factors Associated with the Elderly People Referred to the Pension Fund. *J Holist Nurs Midwifery*. 2017; 27 (2): 1-7
24. F Samipoor, **S Pakseresht**, P Rezasoltani, M Mehrdad . The association between hypogonadism symptoms with serum testosterone, FSH and LH in men. *Aging Male*. 2018 Mar;21(1):1-8. doi: 10.1080/13685538.2017.1382468.
25. Sharare Zabihi Afroozi¹, Seyede Noshaz Mirhaghjou *, **Sedigheh Pakseresht** , Ehsan Kazem Nejad Leili⁴, Zahiruddin Quazi Syed⁵. Participation of Mothers in the Care of Premature Infants and its Associated Factors. *J Holist Nurs Midwifery*. 2017; 27 (2): 93-102.

26. **Sedighe Pakseresht**, Farzane Pourshaban, Zahra Bostani khalesi. Comparing maternal breastfeeding self-efficacy during first week and sixth week postpartum. **Electronic Physician**, Volume 9, Issue 2, February 2017
27. **Sedigheh Pakseresht**, Komeil Rezaei , Afsaneh Pasha, Ehsan KazemNejad Leili, Fatemeh Hasandoost. Health Promoting Lifestyle among Students at Guilan University of Medical Sciences. *J Holist Nurs Midwifery*. 2017; 27 (1): 19-27.
28. Farzaneh Poorshaban , **Sedigheh Pakseresht** , Zahra Bostani Khalesi , EhsanKazemNejad Leili , Factors Associated with Breastfeeding Self-Efficacy of Mothers Within 6 Weeks of Delivery, *J Holist Nurs Midwifery*. 2017; 27 (1): 27-34.
29. Seyedeh Noshaz Mirhaghjou, Maryam Niknami, Maryam Moridi, **Sedigheh Pakseresht**, Ehsan Kazem Nejad Leili .Quality of life and its determinants in postmenopausal women: a population-based study. *Applied Nursing Research*, 2016; 30, 252-256
30. Fariba Mirbolouk , **Sedigheh Pakseresht** *, Maryam Asgharnia¹, Behnaz M Farjadmand¹, Ehsan Kazemnezhad³ . Study of Vitamin D Status in Pregnant Women in North of Iran. *International Journal of Women’s Health and Reproduction Sciences* . Vol. 4, No. 4, October 2016, 176–180
31. **Pakseresht S**, Rafat F, Rahebi SM, Ghasemi pour M .Explaining the Counseling Needs of Women with Breast Cancer: a Qualitative Study, *Community Health Journal* 2016, 9(4): 38-48
32. Jahangasht Kh , Asiri Sh, **Pakseresht S** , Kazemnejad-Leili E . Prevalence of Depression Symptoms and its related Factors in School Students. *Holistic Nursing and Midwifery* 2016, 81; 26 (3): 8-15
33. **Pakseresht S**, Khalili Sabet M, Vahedi MA, Monfared A. Comparative Study for Knowledge and Attitudes of Virtual and Non-Virtual Students towards E-Learning. *Research in medical education*, 2016; 8(4), 61-69
34. Shiva Alizadeh, Asieh Namazi, **Sedigheh Pakseresht**. Prevalence and Predictors of Low Birth Weight in Guilan, Iran. *International Journal of Preventive, Curative and Community Medicine*. 2016, Vol 2, No 3&4
35. **Sedigheh Pakseresht**, Fatemeh Jafarzadeh-Kenarsari, Zahra Atrkar Roushan
Publication: Exploring Married Iranian Women’s Perception of the Meaning of Sexual Marital Activity: A Qualitative Study. *The Qualitative Report*. 2016; Vol 21, N 10 , 10-24

36. *Asgharnia M **, **Pakseresht Sedigheh.**, *Hosseinzadeh F. Kazemi S., Rojaee F.* Acute Transfusion Reactions and Associated Factors in the Obstetric and Gynecologic Teaching Center of Rasht, 2009-2014. *Iranian Journal of Surgery.*2016; 24 (4) , 52-60
37. **Sedigheh Pakseresht**, *Fatemeh Jafarzadeh- Kenarsari, Fatemeh Rafat , Seyedeh Marzieh Rahebi.* Exploration of Women's Perspective on Cervical Cancer: A Qualitative Study. *J Holist Nurs Midwifery.* 2016; 26 (4): 43-51
38. *Shiva Salehi, Sedigheh Pakseresht,* Seyadeh Noshaz Mirhaghjoo, Ehasan Kazemnejad Leili. Relationship between Environmental Factors and Menarche of 11-14 Year Old Students in Rasht City. *J Holist Nurs Midwifery.* 2016; 26 (4): 62-70
39. *Khadijeh Jahangasht, Shahla Asiri , Sedigheh Pakseresht,* Ehsan Kazemnejad Leili. Prevalence of Depression Symptoms and its related Factors in School Students. . *J Holist Nurs Midwifery.* 2016; 26 (3): 1-7
40. *Bostani Khalesi Z , Rafat F , Pakseresht S.* Relationship between adequacy of prenatal care utilization index and neonatal outcomes. *Holistic Nursing and Midwifery* 2015, 81; 26 (3): 8-15
41. *Bostani Khalesi Z , Rafat F , Pakseresht S.* Relationship between adequacies of prenatal care utilization index and neonatal outcomes. *J Holist Nurs Midwifery* 2015, 25(2): 8-15
42. **Pakseresht S,** *Rafat F , Rahebi SM , Ghasemi pour M.* Explaining the Counseling Needs of Women with Breast Cancer: a Qualitative Study. *Journal of community health,*2015; 9 (4),38-47
43. **Pakseresht S,** *Ingle GK, Garg S, Sarafraz N.* Stage at diagnosis and delay in seeking medical care among women with breast cancer, Delhi, India. *Iran Red Crescent Med J.* 2014; 16(12):1-7.
44. *Monfared A, Sedigheh Pakseresht **, *Ghanbari Khaneghah A, Atrkar Roshan Z* Health-Related Quality of Life and its related factors among women with breast cancer. *J Holist Nurs Midwifery* 2013, 23(2): 52-62
45. **Sedigheh Pakseresht,** *Arezo Monfared , Atefeh Ghanbari, Zahrah Atrkar Roshan, A Rahimi.* Investigating body image and the related factors among women with breast cancer at educational and therapeutic hospitals in Rasht in 2011-12. *Mod Care J.*2014, 11 (2): 83-93.
46. **Sedigheh Pakseresht,** *Arezo Monfared , Atefeh Ghanbari, Zahrah Atrkar Roshan, A Rahimi.* Investigating body image and the related factors among women with breast

cancer at educational and therapeutic hospitals in Rasht in 2011-12. *Mod Care J* .2014, 11 (2): 83-93.

47. Monfared2 A , **Sedigheh Pakseresht** * , Ghanbari Khaneghah A , Atrkar Roshan Z :Health-Related Quality of Life and its related factors among women with breast cancer. *J Holist Nurs Midwifery* 2013, 23(2): 52-62
48. SeyednooriT, **pakseresht S**, Roshan Z. Risk of developing breast cancer by utilizing Gail model. *Women Health*, 2012; 52(4):391-402.
49. Kafaie M, Sarafraz N, Bagheri F, Abbaszadeh F, **Pakseresht Sedigheh**. The relationship between unintended pregnancies and low birth weight newborn. *Archives Des Sciences*. 2012; 65(7):12-16.
50. Sarafraz N, Kafaie M, Abbaszadeh F, Karimian Z, **Pakseresht S**. Physical activity and related factors among elderly women. *Archives Des Sciences*.2012; 65(8): 21-25.
51. **Pakseresht S**, Ingle GK, Garg S. Quality of life of women with breast cancer at the time of diagnosis in New Delhi. *J Cancer Sci Ther*. 2011; 3(3): 66-69.
52. **Pakseresht Sedigheh**, Ingle GK, Garg S, Singh MM. Expenditure audit of women with breast cancer in a tertiary care hospital of Delhi. *Indian J Cancer*. 2011 Oct-Dec; 48(4):428-37.
53. **Pakseresht S**, IngleGK, BahadurAK, RamtekeVK, SinghMM, GargS, AgarwalPN. Risk factors with breast cancer among women in Delhi. *Indian J Cancer*. 2009; 46(2): 132-138.

B. Book

1. Breast Cancer: Women health and quality of life
Sedigheh Pakseresht; Gopal Krishna Ingle. Verlag Dr. Müller(VDM) Publication, Germany. 2011
2. Episiotomy and cares, Golban Publication, Tehran, Iran, 2018

C. Oral presentations.

1. Sedigheh pakseresht, National Conference, Misconceptions, the fetal attachment - the choice of delivery method , Golestan University of Medical Sciences(GUMS),Iran , 2023

2. Sedigheh pakseresht, National Conference, Unplanned fertility and tendency to abortion and ways to reduce it. Iran University of Medical Sciences(IUMS),Iran , 2023
3. Sedigheh pakseresht, National Conference, Unplanned fertility and tendency to abortion and ways to reduce it and dangerous beliefs. Guilan University and Medical Science (GUMS), Iran, 2023
4. Sedigheh pakseresht, National Conference, Misconceptions, the fetal attachment - the choice of delivery method , Iran University of Medical Sciences(IUMS),Iran , 2022
5. Sedigheh pakseresht, National Conference, , The fetal attachment - the choice of delivery method , Golestan University of Medical Sciences(GUMS),Iran , 2022
6. Sedigheh pakseresht, National Conference, Midwives and research focusing on the youth of the population , the health of the fetus and fertility Golestan University of Medical Sciences(GUMS),Iran , 2022
7. Conference on Sexually Transmitted Diseases, Social Determinants of Health Research Center of Guilan University and Medical Science (SDHRC), Guilan university of medical sciences, 13, November 2019,
8. Maryam asgharnia¹, **Sedigheh Pakseresht** ², Fatemeh Rojaee³.The survey of blood products consumption, acute transfusion reactions and its associated factors in women who admitted at the Al-Zahra hospital in Rasht during 2-year experience (4113-4102).Debatable Topics on Obstetrics Gynecology & Infertility. Shahid Beheshti University International Conference Cancer, Teharan,Iran.17-16 Februry,2016.
9. Mahdokht Taheri, **Pakseresht S**, Vahedi A. Comparative Study of knowledge and Attitudes of Virtual with Traditional Students regarding to E-learning. International Conference on Education and Social Sciences (ICEASS 2016) from February 18-20, 2016 in Singapore.
10. Mahdokht Taheri, **Pakseresht S**, Asadi A.The relationship between psychological factors and the meaning of education in students of Guilan University of Medical Sciences. International Conference on Education and Social Sciences (ICEASS 2016) from February 18-20, 2016 in Singapore.
11. **Sedigheh Pakseresht**, Mohammad Ali Vahedi ·Arezo Monfared · Knowledge regarding to E-learning in MSc Virtual Students of Guilan University. Ministry of Health and Medical Education, Association of Medical Education of Iran, May 1-3 , 2016, Tehran, Iran
12. **Pakseresht S**. Socio demographic of Indian women with breast cancer. 8th international congress in obstetrics and gynecology. Tehran, Iran. 2014.

13. **Pakseresht S**, Monfared A. Risk factors of breast cancer in women. 8th international congress in obstetrics and gynecology. Tehran. Iran. 2014.
14. Monfared A, **Pakseresht S**, Ghanbari A. Quality of life of women with breast cancer in Rasht. Reproductive health; menopause, andropause. Research center and infertility congress. Tehran. 2012.
15. Monfared A, **Pakseresht S**, Ghanbari A. Body image among women with breast cancer. Reproductive health; menopause, andropause. Research center and infertility congress. Tehran, Iran. 2012.
16. **Pakseresht S**, Rahebi SM, Orang Z. Delayed versus early umbilical cord clamping in delivery. First international congress in women health and third stage of delivery. Ahvaz, Iran. 2012.
17. **Pakseresht S**. Breast cancer and care. Guilan University of Medical Sciences. Rasht, Iran. 2009.
18. **Pakseresht S**. Women health promotion. Guilan University of Medical Sciences. Rasht, Iran. 2009.
19. **Pakseresht S**, Ingle GK, Garg S. Factors influencing quality of life in women with breast cancer. The 52nd all Indian annual Conference, Indian Public Health Association. Delhi, India. 2008.
20. **Pakseresht S**, Ingle GK, Garg S, Sing MM. Seeking behavior of women with breast cancer. 35th national conference of IAPSM. India. 2008.
21. **Pakseresht S**, Ingle GK, Garg S, Sing MM. Quality of life of women with breast cancer at the time of diagnosis, 51st all Indian annual conference (IPHA). India. 2007.
22. **Pakseresht S**, Ingle GK, Garg S. Breast cancer in young women. 34th national conference all Indian institute of medical sciences. India. 2007.
23. **Pakseresht S**, Mirhagjo N, Rahebi SM. Counseling needs of women in family planning. First international congress in health promotion and health education. Iran. 2003.

D. Poster presentation(international/national)

1. **Sedigheh Pakseresht, Mehsa Salimi Kiwi, Zahra Atrafkar Roshan, Marvarid Kasab Shirazi.** Investigating the relationship between stress and the success of in vitro fertilization in infertile women referring to infertility centers in Rasht, National conference of midwifery and women health, 12-13, 12, 2019.
2. **Sedigheh Pakseresht** , Azadeh Zebhi, , Nasrin Mokhtari. Preventive Life-Style for Osteoporosis and Vitamin D status in Nursing Students, Women and Maternal Nutrition and Care. Aug 31-Sept 01, 2018 Toronto ,Canada
3. **Sedigheh Pakseresht** , Pegah Rasekh . Prenatal Nutrition in wanted and unwanted pregnancies. Women and Maternal Nutrition and Care. Aug 31-Sept 01, 2018 Toronto, Canada
4. **Pakseresht S, Monfared A.** Quality of life and body image among women with breast cancer. The 23rd annual congress in women health, USA. 2015.
5. **Pakseresht S, Mirbolouk F, Asgharnia M, Farjadmand B.** Vitamin D deficiency in pregnant women in Rasht, Iran. The 23rd annual congress in women health, USA. 2015.
6. **KhaliliSabet M, Pakseresht S, Vahedi MA.** Knowledge and attitude of virtual students at Guilan University about e-learning education. The IAFOR International Conference on Education. Dubai. 2015.
7. **Sedigheh Pakseresht, Fathmeh Rafat, Sayad Marzieh Rahebi .** Counseling needs regarding to breast cancer: A qualitative study. International Conference on Women's Health, Gynecology & Obstetrics. July 08-10, 2014 Chicago NorthShore, USA
8. **Pakseresht S, Rafat F, Rahebi SM, Hasanzadeh A.** Women's need for counseling regarding to sexual activity during pregnancy, a qualitative study. International congress in women health. Urimeh, Iran. 2014.
9. **Pakseresht S, Rafat F, Rahebi SM.** Educational need of women with breast cancer. Sixth international congresses in breast cancer. Tehran, Iran, 2014.
10. **Pakseresht S, Rafat F, Rahebi SM.** Educational need of women with prenatal care. 10th international congress in obstetrics and gynecology. Tehran, Iran, 2014.
11. **Pakseresht S, Rafat F, Rahebi SM.** Educational needs regarding patients with cervical cancer. 9th congress on women health & diesis. Athena, Greece. 2014.
12. **Pakseresht S, Yosafi N, Pasokhi M.** Socio-demographic of volunteers in physiological birth classes. 15th world congresses on human reproduction. Venice, Italy. 2013.

13. **Pakseresht S**, Rafat F, Rahebi SM. Educational needs of women with menopause; qualitative study. 15th world congress on human reproduction. Venice, Italy. 2013.
14. **Pakseresht S**, Rafat F, Rahebi SM. Nutrition and exercise during menopause: a qualitative research. Reproductive health; menopause, andropause. Research center and infertility congress. Tehran. 2012.
15. **Pakseresht S**, Ingle GK, Garg S. Quality of life of women with breast cancer at the time of diagnosis and after six month. First international congress in reproductive health, Mashhad, Iran, 2012.
16. **Pakseresht S**, Ingle GK, Garg S. Cost of treatment of breast cancer patients in Delhi. First international congress in health education. Tabriz, Iran, 2012.
17. **Pakseresht S**, Rafat F, Rahebi SM. Protection of maternal and infant morbidity and educational needs of prenatal care women; a qualitative study. Shiraz, Iran. 2012.
18. **Pakseresht S**, Ingle GK, Sing MM. Factors influencing quality of life on women with breast cancer in Delhi: a follow-up study. The BITS4th world cancer congress. China, 2010.
19. **Pakseresht S**, Ingle Gk, Sing MM. Quality of life of women with breast cancer: 6 months after intervention of treatment in Delhi. The bits4th world cancer congress. China, 2010.
20. Sarafras N, Kafaie M, Abbaszadeh F, Karimian Z, **Pakseresht S**. Maternal factors predictor for low birth weight infants. International congress obstetrics and gynecology. Spain. 2010.
21. **Pakseresht S**, Roushan Z. Age at menopause in women's, Rasht. International congress of menopause, Kuala Lumpur, Malaysia. 2004.

Supervisor and co-supervisor

1. Investigation **of** the relationship between body image and attitudes towards motherhood and pregnancy among pregnant women attending Al-Zahra Education, Research, and Remedial center of Rasht city in 2023

2. Investigating the relationship between health-promoting lifestyle and attitude towards fertility in couples applying for marriage who referred to the marriage counseling center in Rasht in 2023
3. Investigating the relationship between pregnancy experience and satisfaction with childbirth among pregnant women who referred to the educational, therapeutic and scientific center of to Al-Zahra Hospital in 2022
4. Comparison of childbirth experiences and related factors in primiparous women with Normal vaginal delivery and cesarean section referred to Rasht Comprehensive Health Centers, 2022
5. The effect of infertility on sexual dysfunction and quality of sexual life of primary and secondary infertile women Al-Zahra Hospital in Rasht , 2021
6. Evaluation of postpartum functional status and related factors in mothers referring to comprehensive health centers in Rasht, 2021
7. A comparative study of perceived social support and domestic violence in fertile and Infertile women referred to Al-Zahra Hospital Educational, Research and Treatment Center in 2021
8. The Moderating Role of Social Variables in Perinatal Depressive Disorder Using Salutogenic Model, Guilan University, 2021
9. Comparative study of the effect of trinitroglycerin and misoprostol on cervical softening in first trimester abortion in women candidates for curettage referred to Al-Zahra Hospital -A Clinical trial study,2021
10. Comparison of health seeking behaviors related to gynecological cancer screening and its related factors in medical and non-medical faculty members of Guilan University , 2020
11. The survey of the relationship between social support and postpartum depression in women in Health care centers Rasht 2019
12. A survey of relationship between perceived stigma and seeking help among women with breast cancer who referring to education, research and remedial centers, 2019
13. Self-medication and Related Factors in Pregnant women, 2019
14. Violence and its related factors in infertile women in Iran, 2019
15. Comparison of Estimation of Fetal Weight by Clinical Methods with Actual Birth Weight in term Pregnant Women, 2019
16. Happiness and Its Predictive Factors among Pregnant Women: A cross-sectional study, 2019

17. The study of fathers participation rate in pregnant women's care and its related factors in the mothers referring to Alzahra Hospital in Rasht, 2018
18. Comparison of physical health during pregnancy and maternal attachment to fetus in unwanted and unwanted pregnancy women.
19. Study of the age of menarche and its related factors in students aged 11 to 14 years old in Rasht
20. Assessing the Preventive Life Style of Osteoporosis and Vitamin D Levels in University Nursing Students.
21. Assessing the Preventive Life Style of Osteoporosis and Vitamin D Levels in University Nursing Student
22. Comparison of Health Promotion Lifestyle in Students of Guilan University of Medical Sciences and University of Medical Sciences in the academic year 1392
23. Frequency of Depression Symptoms and Related Factors in Students in the 6th to 8th Grade in 2014
24. Investigating the factors related to the status of mothers' lactating self-efficacy at 6 weeks postpartum
25. Investigating the effect of lavender on the severity of post-cesarean pain in patients referred to Hospital
26. Evaluation of the participation of mothers in the care of premature infants admitted to the neonatal department and its related factors in educational centers of Rasht in Iran
27. Frequency of consumption of blood products, its acute complications and related factors in women admitted to the Alzahra Medical Center in Rasht during the last 10 years
28. The Study of Relationship between Aggression and Attitude toward Addiction in Students of Guilan University of Medical Sciences in 2014
29. Factors related to quality of life and mental image of their body in women with breast cancer in educational and therapeutic centers of Rasht city in 2011
30. Evaluation of the cost of treatment for cancer patients in Rasht,2016
31. Comparison of Health Promotion Lifestyle in Medical Students of Guilan Medical Sciences and Non-Medical Sciences Students, 2014
32. The effect of regular exercise on stress coping strategies among female students of Guilan University of Medical Sciences in 2010

33. Investigation of violence and its related factors in infertile women referring to Hospital...
34. Investigating the relationship between job pressure and stress coping methods in nursing staff of educational center
35. Evaluation of knowledge and attitude and practice of nurses about infection control measures in surgical wards of educational hospitals
36. A Comparative Study on the Medical and Nursing Students' Viewpoints of Guilan University of Medical Sciences about the Educational Concept of Patients
37. A Comparative Study on the Knowledge, Attitude of Pregnant Mothers on Exposure to Smoking and Their Wife on the Impact of Smoking in the Referents to Health Centers
38. Investigating the Facilitating Factors of Family Clinics on the Closure of Uterine Tubes
39. The Relationship between self-perception and follow-up of therapeutic programs in patients with hypertension referred to health centers
40. A Comparative Study on Belief and Hygienic Behavior in Testes Self-Test in Health and Medical Personnel of Medical Education Centers affiliated to the University of Medical Sciences
41. Sensitivity and specificity of pap smear in diagnosis of cervical dysplasia in women referred to Alzahra hospital
42. Pregnancy predictors of mothers with low birth weight referring to Rasht University of Medical Sciences

Membership

- Member of the youth committee of the population of Guilan University of Medical Sciences, Rasht, Iran since 2022
- Member of the committee of journals editors of Guilan University of Medical Sciences, Rasht, Iran.
- Committee Member of Obstetrics Board, at welfare health Ministry of Health and Medical Education, 2019
- Editor in Chief of Holistic Nursing and Midwifery Guilan University of Medical Sciences, Rasht, Iran
- Reproductive Health Research Center AL-Zahra's Hospital, Guilan University of Medical Science.

- Social Determinants of Health Research Center of Guilan University and Medical Science (SDHRC).
- Research Committee of Nursing and Midwifery Schools College Guilan University and Medical Science.
- Member in Final Clinical Student Exam Committee.

Educational History

- 1- 2006-2010. Maulana Azad Medical College, PhD in Community Medicine Department
- 2- 1980-1985. Esfahan University of Medical Sciences, Bachelor in Obstetrics
- 3- 1986-1989. Tarbiat Modares of University, Tehran, Master in Obstetrics
- 4- 2013-2018 Guilan University ,Master in Teaching English
- 5- Certificate of the evaluation and assessment fellowship course at the University of Medical Sciences in 2021

Courses Attended

1. Certificate of the evaluation and assessment fellowship course at the University of Medical Sciences in 2021
2. Chief member of sciences of the Conference on Sexually Transmitted Diseases, Social Determinants of Health Research Center of Guilan University and Medical Science (SDHRC, 2019)
3. Systematic review articles 2017,2018
4. Teaching in physiological delivery workshop, Guilan, 2017
5. Training in physiological delivery workshop , Iran, 2016
6. Medical journalism workshop, Iran, 2015 & 2016 & 2017
7. Editor in chef workshop, Iran ,2017
8. E -learning, Iran, 2014
9. Medical journalisms, Iran, 2012 & 2013 & 2014

10. Endnote, Iran, 2012
11. Endnote, Iran, 2012
12. Triage, Iran, 2012
13. Biostatics analysis, Iran, 2010
14. Evidence based in medical, Iran, 2010
15. Digital library, Iran, 2009
16. SPSS ,and EPI Info, software workshop, 1999, &2009
17. Excel software workshop, 2009
18. Training in breast cancer screening, diagnosis, management and care. Lok Nayak Hospital, Delhi, India, 2006-2007
19. Workshop Research Methodology in advanced, Iran, 1999 & 2003
20. Workshop in Lamaze, Iran, 2001
21. Article writing in English, Iran, 2000
22. Focus group discussion study, Iran, 1999
23. Data analysis, Iran, 1999
24. Breast feeding workshops, Iran, 1999
25. Clinical trial study, iran,1998

Certificates

1. Systematic review articles 2017,2018
2. Training in physiological delivery workshop , Iran, 2016
3. Cochran systematic review workshop, Iran, 2012
4. Training curse on MS-Excel, India, 2008
5. Training course on statistical package for social sciences, India, 2008
6. Training course on management of training at national institute of health and family welfare (NIHFW), India, 2008
7. Medical research methodology and biostatistical methods of analysis, institute of cytology and preventive oncology (ICPO), India, 2007
8. Experimental design and biostatics, university college of medical sciences (UCMS), India, 2007

9. Experimental design and biostatistics, India, 2007
10. Clinical epidemiology, India, 2006
11. Bio-medical statistics, India, 2006
12. Basic Computer Concepts, MS-Word, MS-PowerPoint, Internet and Email, India, 2006
13. Health promotion, India, 2006

Awards

1. The best editor in chief of the all journals at Guilan University of Medical Sciences in 2021
2. Top selection as a Midwife in Guilan Province at Guilan University of Medical Sciences in May 2019
3. Top researcher among academic members at Guilan University of Medical Sciences in December, 2018
4. As an editor in chief in holistic nursing and midwifery journal, 2018
5. Equivalent to the performance of faculty members Guilan University of Medical Sciences , 2017
6. Associated processor in teaching and research at Guilan university of medical sciences, 2014
7. Obstetrician in clinical level at Guilan university of medical sciences, 2014
8. Researcher at Guilan university of medical sciences, 2011
9. The 52nd all Indian annual conference of Indian public health avocations (IPHA), Maulana azad medical college (MAMC), 2008
10. Obstetrician in clinical level at Guilan university of medical sciences, 2003
11. Lecturer at Guilan university of medical sciences, 1998
12. Obstetrician in clinical level at Guilan university of medical sciences, 1997

Having certificate for all items